

Mission Statement

Powerhouse strives to provide the safest gymnastics environment through quality instruction that incorporates fun and enjoyable means of learning; to develop children holistically, providing each one with personal attention; and to help children develop as high self-esteem individuals ready to demonstrate their God-given talents and abilities.

Our Philosophy

Our knowledge, expertise, and abilities, along with our compassion enable us to provide a superior service to our community. Above all, we believe in providing personal, one-on-one interactions with every individual in our organization.



Tumble Bear Open Gym

Tumble Bears Open Gym will help your child develop physically, emotionally and they will burn off energy playing in our gymnastics facility! This is a fun and affordable way to see if our classes will be right for your child.

Ages 5 & Under

Mondays & Fridays, 11:30a-12:30p

Cost: \$12 per child per day

Registration online on the Event Calendar



Contact Information

Address

Powerhouse Gymnastics
7707 West Loop 1604 N.
San Antonio, TX 78254

Office

(210) 767-9654

Fax

(210) 767-9148

Email

frontdesk@phtnt.com

Website

powerhousetntgymnastics.com

POWERHOUSE GYMNASTICS ACADEMY

M.D.O.

Preschool Program



Powerhouse is not a licensed day care.

Download the App:



Available on the
App Store



GET IT ON
Google play



Who Can Join

- Boys & girls ages 2 1/2—5 years
- Must be potty-trained

Primary Goal

The primary goal of Powerhouse is to instill in our students a lifelong love of learning. This program can also help you, the parent, add in some “me time” to your busy schedule each week.

Benefits

Your child will learn a variety of cognitive, social, emotional, and language skills. (S)He will develop the ability for a smoother transition to formal schooling in the years to come. A structured routine can help your child flourish.



Activities

- Science
- Spanish
- Literacy Readiness
- Math Readiness
- Arts & Crafts
- Table Activities
- Group games
- Structured Artistic Gymnastics, Trampoline & Tumbling!
- Music to Movement
- Circle Time
- Alphabet, Colors, Numbers, Shapes recognition and more!



What to Bring

Lunch, water bottle, and backpack with change of clothes. Snack provided.

Days, Times, Tuition, Fees

- ◆ Tuesday & Thursday 9:00a-2:00p
- ◆ \$239 per calendar month*
- ◆ Tuition due 5th of month
- ◆ 10% discount 2 or more children
- ◆ Annual registration \$50
- ◆ Annual supply fee \$50

*A nominal increase of 5% will take effect every August.



Gymnastics Benefits

In a fun way, your child will learn:

- Gross motor skills
- Balance
- Control
- Strength
- Social Skills
- Flexibility
- Increased attention span

Experience:

- Bars
- Beams
- Rings

Trampoline:

- Tuck
- Pike
- Straddle jumps

Tumbling:

- Cartwheels
- Handstands
- Rolls
- And More!

