



Powerhouse TNT Gymnastics
 7707 W 1604 N
 San Antonio, TX 78254

Saturday, November 5, 2022

Session 1 – Senior C

Open Stretch 8:00 am
 March In 8:20 am
 Competition 8:30 am

Session 2 – Senior B

Open Stretch 11:30 am
 March In 11:50 am
 Competition 12:00 pm

Session 3 – Senior A

Open Stretch 3:00 pm
 March In 3:20 pm
 Competition 3:30 pm

Sunday, November 6, 2022

Session 4 – Junior C

Open Stretch 8:00 am
 March In 8:20 am
 Competition 8:30 am

Session 5 – Junior B

Open Stretch 11:30 am
 March In 11:50 am
 Competition 12:00 pm

Session 6 – Junior A

Open Stretch 3:00 pm
 March In 3:20 pm
 Competition 3:30 pm

Age Group Birthday Ranges

Senior C	12/1/2007 – 7/6/2012
Senior B	7/11/2012 – 5/17/13
Senior A	5/21/2013 – 11/12/2013
Junior C	11/14/2013 – 5/28/14
Junior B	6/15/2014 – 12/18/2014
Junior A	12/19/2014 – 9/12/2016