STAR SPANGLED
DISTRICT 7 QUALIFIER

AUGUST 26–28, 2022

HOSTED BY POWERHOUSE TNT GYMNASTICS

7707 W loop 1604 N
San Antonio, TX 78254

Saturday, August 27th

Session 1 – L5 All (23) Modified Traditional

Open Stretch	9:00 am
March in	9:20 am
Competition	9:30 am

Session 2 – L4 All (71) Continuous Capital Cup

Open Stretch	11:30 am
March in	11:50 am
Competition	12:00 pm

Session 3 – L3 Placement (82) Continuous Capital Cup

Open Stretch	3:30 pm
March in	3:50 pm
Competition	4:00 pm

Sunday, August 28th

Session 4 – L3 Achievement (21) Modified Traditional

Open Stretch	9:00 am
March in	9:20 am
Competition	9:30 am

Session 5 – L1, L2 (73) Continuous Capital Cup

Open Stretch	11:30 pm
March in	11:50 pm
Competition	12:00 pm